



### Don't miss the PB Uniform Sale next week

The next PB uniform sale will take place on Thursday March 25th, between 3pm and 4pm. You will find the following items:

- New items: socks. Tights, sweatshirts, hats (for KJS), calico bags, etc.
- Old items: Pinafores (for JS students), skirts (for MS and HS students), blouses, PE uniforms, long pants, etc. Please note that for second-hand items there is no guarantee that all sizes will be available.

We kindly ask everyone to wear a mask and sanitize their hands before accessing the sale. We hope that you will understand the need for such measures and that you will enjoy the sale!

Mineko Harada  
PB Uniform Sales Chair

### PB Virtual Fun Run: Saturday April 24th between 9am to 10:30am

We are very pleased to invite the entire school community to participate in our first PB Virtual Fun Run on Saturday April 24th!

Compete with your friends and get moving for a good cause! Proceeds will be shared between the PE Department / Sports Council (to buy new sporting equipment), and "Nepal Seeds" (<https://nepalseeds.org/>), a charity our school has been working with for several years.

#### So how does this work?

The event will be possible thanks to an app called **LiveRun** which will link all participants to a live host, as long as they tune into the program. The MC will see everyone's progress so he, as well as his invited guests, will be able to comment and entertain you while you run or walk!

#### Who can participate:

- Everyone in our ISSH community is invited to participate but we recommend that you participate only with members of your family unit.
- We will ask for a participation fee of 500 yen per participant. Payments will be given to the teachers or during homeroom.
- The first 100 students who have paid their participation fee will receive a Fun Run wristband which they will be allowed to wear at school before the Fun Run.

#### What you need:

- You must download and register through the **LiveRun app** (see link below) on your smartphone as soon as possible (the app is free). When registering the "**Location**", students

must give their Grade and class (e.g. G3 Purple); this is very important as there will be prizes for winning classes (see below). Family members should simply write "Family + Grade" (e.g. Family G3 Purple).

- Please note that you have to allow "LiveRun" to access your location while you are using the app so that the distance you are running or walking can be estimated.
- You will need earphones to hear the live commentary during the Fun Run. Students without smartphones can team up with an adult in their family unit and tune in together (e.g. by using your phone's speaker).



### What will happen:

- On the day of the event you will be able to start wherever you want and choose your own path. You can also choose to run or walk.
- By 9am you should log on to LiveRun to hear instructions, do a short survey, and get pumped!
- At 9:10am the MC will announce the starting cue! So start moving!
- During the run, you will listen to commentary on how everyone in the race is progressing. Who is in the lead? Who is hot in their heels? There will be several awesome commentators, including Ms Ettl, to keep you updated.
- The run will last 60 minutes. At the end of these, you will hear final words from the MC and will have the opportunity to send your comments so that the MC can read them while wrapping up the fun run. Winners will be announced at the beginning of the week following the race.

### Prizes!

- Prizes will be awarded to the students who have travelled the longest distance in the Kindergarten, JS, MS, and HS separately.
- An ice cream party will also be organised for the Kindergarten, JS, MS and HS classes that have the most students who ran or walked 1km or more.

Please mark your calendars and find out all the details on [www.liverunapp.com/funrun](http://www.liverunapp.com/funrun)! We hope that you will be able to join all your friends to exercise virtually together!

### Attention all K/JS Sacred Heart Parents: Let's meet, greet and catch-up online

The Sacred Heart Parents' Social Committee has prepared online Zoom sessions to allow parents from Kindergarten and Junior School to meet and greet, and do some much needed catching up online!

**Kindergarten Parents: Friday April 9th, 8:00pm - 9:00pm**

**Junior School Parents: Friday, April 16th, 8:00pm - 9:00pm**

There is limited capacity, so please click the link below to get more details and to sign up. Suggestions for specific themes are also welcome!

Sign Up Here: <https://www.signupgenius.com/go/9040D44AFAC28A5FB6-sacred1>

Online events for MS/HS are also possible - if you have any requests, we welcome suggestions at [isshpasocial@gmail.com](mailto:isshpasocial@gmail.com).

## Next PB Zoom meeting

The next PB Zoom meeting will take place on Wednesday April 7th at 9am. All parents are welcome to hear more about the Fun Run and the upcoming PB social events. Please join us!

Join Zoom Meeting (good for this and the following meetings):

<https://nishimura.zoom.us/j/9405571026?pwd=WFVzVEFITHVuZFIHWnN3V3lyNXdYZz09>

Meeting ID: 940 557 1026

Passcode: 837355

Join by SIP

9405571026@zoomcrc.com

### The Parents' Board Committee:

President: [Nathan Schmidt](#) (G5)

Vice-President: [Kristina Ganea](#) (G4)

Vice-President: [Joceline Sirgi](#) (G12)

Secretary: [Mika Ishii](#) (G7)

Secretary: [Seihei \(Willy\) Tada](#) (G5)

Treasurer: [Yukiko Gelegen](#) (G12)

Treasurer: [Ikuko Jameson](#) (G7, G9)